

Eugene IHS Seminar 2016-17

Third Trimester Senior Year



Eugene IHS: 3rd Trimester Senior Projects

We believe that Creativity, Activity and Service are ways that students gain confidence and knowledge in a broader world than home or school. Therefore we are impressed with the commitment that you have made to CAS as an aspect of your international studies education. We hope that you have derived many benefits, both practical and altruistic, from this hard work. Maybe your activities have led you to a job, or maybe you have used your experience to build references and your resume, or apply for scholarships. We are impressed with how you have become our ambassadors in the community, strengthening ties between schools and the public, and changing the ways in which community members view the purpose of education. Most importantly, the lives of thousands of adults and children are made a little better in this community every day because of your work.

We thank you for your work, and invite you on the last steps towards the completion of your CAS work. Here are those steps:

SENIOR SEMINAR DATES TO REMEMBER

Due Dates	Senior Seminar Components and Directions
Friday, April 28th	All Students need to have completed: <ul style="list-style-type: none"> • 100 of Service and 25 each of Creativity and Activity hours. <i>French Immersion students need 50 of these hours to be in French; Spanish Immersion students need 50 of these hours to be in Spanish.*</i> • one more reflection or piece of evidence for one of your most meaningful CAS activities or moments in the last term of your 12th grade year – a piece of evidence that is a photo or something else creative or visual is highly encouraged here. • Your final reflection. This is a more substantive reflection than most that discusses how you have changed over your entire CAS journey. See the next page for details.

Wednesday, May 3rd	12th Seminar meeting for all students who have not yet finished the class – anyone who has not completed CAS, The Group Project or the Final Reflection <i>must</i> come to seminar today and must fill out a contract of how they intend to finish the class, which will be sent home to parents as part of midterm reports. Computers and teacher help will be available.
Friday, May 12th: Midterm	Midterm reports will reflect whether or not all 12 th grade students are done with requirements for the class (other than the May 31 st celebratory meeting).
Wednesday, May 31st Required Meeting	CAS and IB Testing are done! Celebratory meeting/discussion for 12 th Seminar. Please attend Seminar for a discussion in which students will be invited to celebrate their most important moments of CAS over the last two years (What challenged you most? What was a moment you hadn't expected? What was most fun? Most Strange? What was a moment when you looked around and realized you were the person who had to step up to a leadership role?)

*If you are a student who *has completed* all of your CAS hour requirements *before the beginning of Spring Trimester*, then we ask that you please submit at least one piece of evidence showing that you are continuing your CAS into Spring Trimester in a meaningful way. That said, your grade may not be as dependent on the number of hours so much as on this evidence of your continued CAS experience.

If you have questions about the above requirements, please ask your Seminar teacher or refer to the CAS handbook on the Eugene IHS website or in Files in Managebac.

CAS Final Reflection

Please compose a reflection and upload it to your CAS page on ManageBac as a .doc or .pdf file entitled "CAS-Final-Reflection". It should be 300-400 words in length, double-spaced, and typed in a 12-point font. In your response, discuss the extent to which your two years of CAS activities have allowed you to achieve each of the following goals. Please address *each* of the following learning outcomes in your essay.

- ... increase your awareness of your own strengths and areas for growth?
- ... undertake new challenges?
- ... plan and initiate your own service (or CAS) activities?
- ... work collaboratively with others?
- ... show perseverance and commit to specific activities?
- ... engage with issues of global importance? (Remember: Think globally, act locally!)
- ... consider the ethical implications of your actions?
- ... develop new skills?

In this final reflection, you might consider the aspects of CAS that were most surprising to you, or an event that changed your perception about your work. Think and reflect back to your original goals at the beginning of seminar for this year. How did you meet those goals, or did you need to adjust them as the year progressed? Finally, you might reflect on how your own person has changed as a result of your work.

Your Eugene IHS teachers are extremely proud of what you have accomplished in your service work. We appreciate the ways in which you embrace the spirit of service learning, your willingness to take risks, and the remarkable energy you exhibit in working to change the world, one small act at a time.

Congratulations on your completion of senior Seminar.