

# PARENT NEWSLETTER

## Eugene International High School

November EXTRA 2020 Trimester Publication: SEPT-DEC-MAR



### IB Exam Registration Deadline was 10/22/20 for Juniors and Seniors

The deadline for registering for IB exams for the May 2021 testing session has passed. If you missed the deadline and still want to register for exams please contact Melanie Namkoong, Eugene IHS Secretary, at South as soon as possible: [namkoong@4j.lane.edu](mailto:namkoong@4j.lane.edu).

### IB SOPHOMORE PARENT NIGHT

IB Sophomore Parent night will be held on February 4, 2021 at 7:00pm on Zoom. This night is for parents of sophomores who intend to pursue the IB Diploma or IB Course Certificates, or anyone who wants to learn more about the International Baccalaureate Program and testing opportunities for students during their junior and senior years. The information presented to parents will be presented to students in classes so they can make decisions when forecasting for classes for next school year.

**Suzanne Jarvis and  
Andrew Wright**  
Eugene IHS Learning  
Support Specialists  
E-mail: [jarvis@4j.lane.edu](mailto:jarvis@4j.lane.edu)  
[wright\\_a@4j.lane.edu](mailto:wright_a@4j.lane.edu)

Our Learning Support Specialists are available to assist students with Eugene IHS assignments. Their main priority is students who need additional support. Please contact either of them if you would like them to work with your student. They also have regular Zoom office hours. The links are posted in IHS class pages in Canvas.

### Model United Nations Students: Get Involved! MUN is FUN!

MUN stands for Model United Nations and has been used to educate generations of students about global issues and to provide them with a broader understanding of international relations. MUN provides an opportunity for students to gather together to debate relevant global issues. Participants get valuable lessons in speaking and collaboration skills. The Model United Nations program aims to spread the values of international understanding, cooperation and peace. Students from all over Oregon come together for the spring conference where student delegates represent various UN states. Through speeches, debates, bloc meetings, and secret diplomacy, students receive a hands-on and exciting lesson in the complexities of global affairs. Eugene IHS students will be representing Belgium, Morocco, and South Africa in the MUN conference to be held on April 9, 10 & 11, 2021. Anyone can join MUN! If you are interested please email one of the IHS teacher advisors: Joanne Heidel ([heidel\\_j@4j.lane.edu](mailto:heidel_j@4j.lane.edu)) or Steve Smith ([smith\\_st@4j.lane.edu](mailto:smith_st@4j.lane.edu)).

#### EUGENE IHS OFFICES:

Eugene IHS @ Churchill:  
541-790-5225  
1850 Bailey Hill Road  
Eugene, OR 97405

Eugene IHS @ Sheldon:  
541-790-6636  
2455 Willakenzie Road  
Eugene, OR 97401

Eugene IHS @ South:  
541-790-8030  
400 East 19th Ave.  
Eugene, OR 97401

*Mission Statement:  
As global citizens at Eugene  
International High School, we  
aspire to value diversity, ambiguity,  
and discovery—and to act  
with responsibility, integrity,  
and compassion.*

Check out the **EUGENE IHS WEBSITE** for information about Eugene IHS, teacher websites and contact info, important calendar dates, and announcements:

[www.ihs.4j.lane.edu](http://www.ihs.4j.lane.edu)

#### Upcoming Dates:

Nov 10 - Eugene IHS Site Council  
Mtg, 4:15pm on ZOOM  
Nov 11 - NO SCHOOL - Veteran's  
Day  
Nov 18 - Junior Seminar Meeting  
after advisory at 11:20am  
Nov 26-27 - NO SCHOOL -  
Thanksgiving Holiday  
Dec 2 - Junior Seminar Meeting after  
advisory at 11:20am  
Dec 7 - IB Extended Essays Due  
(Senior Papers)  
Dec 8 - Eugene IHS Site Council  
Mtg, 4:15pm on ZOOM  
Dec 10 - Last Day of Trimester 1  
Dec 11 - NO SCHOOL - Grading Day  
Dec 14 - Trimester 2 Begins - A DAY  
Dec 21-Jan 1 Winter Break  
Jan 4 - NO SCHOOL - Professional  
Development Day  
Jan 5 - Classes Resume - A DAY

*Note: Please consult your high  
school and district calendars  
for other important events.*



**IHS BOOK CLUB**  
GOAL: READ BOOKS!

In IHS Book Club....we read a book once a month. Then we meet for 2 hours and talk about school, life and books!

If you are an IHS student, you can join our IHS Book Club at any time! Just email Lisa Joye: [Joye\\_L@4j.lane.edu](mailto:Joye_L@4j.lane.edu)

Meet Lisa Joye and other students interested in Book Club for the **first meeting on Wednesday Nov. 4th 1:00-1:30pm.**

**If interested in joining please email Lisa Joye for the Zoom link at: [Joye\\_L@4j.lane.edu](mailto:Joye_L@4j.lane.edu)**

Bring your book ideas!

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**EUGENE IHS STUDENT GOVERNMENT**

Eugene IHS Student Government had its first meeting of the school year on Sunday, October 10th! We discussed preparing an assembly video introducing our team and some of our plans for the year. This includes new representative interviews, apparel designs and our idea for hosting a peer group. The peer group (on Zoom) would offer a relaxed space for students to connect with people from both their classes and other campuses in the IHS community. It would also give students (specifically underclassmen) a chance to ask questions about IHS and IB. For Halloween, our Instagram page will be inviting students to submit pictures of their costumes and pumpkin carvings that we can repost, with the potential to get discounts towards our apparel when it comes out. Apparel will be sold online this year to adhere to COVID precautions.

Iman Zarlons  
Eugene IHS President

**IHS Student Government Officers:**

President: Iman Zarlons (Sheldon)

VP's:

- Sophie Ulm (Sheldon)
- Joel Sadofsky (South)
- Jordan Ouellette (Churchill)

**Eugene IHS Student Government Staff Advisor:**

Devan Fahsholz ([fahsholz\\_d@4j.lane.edu](mailto:fahsholz_d@4j.lane.edu))

**MOCK TRIAL CLUB**  
**(2020-2021)**

**Open to IHS Sophomores**

**Advisor: Lisa Joye**

*"Persuasion is often more effectual than force." – Aesop*

Goal of Mock Trial Club:

To learn why persuasion is a powerful technique for crafting an argument.

Overview of Mock Trial Club:

We will learn about the power of persuasion (an important life skill) and the American Justice System. Students will eventually break up into teams, be given a murder case, and prepare to take their case to trial. One team will be the prosecution and one the defense. There WILL be a Jury, and that Jury will deliberate on a verdict.

Everyone will have a different part to play. Some students will be attorneys and some students will play witnesses, and all students will have the experience of being a Juror. I will appoint certain positions, but others will be elected within groups. Each role has different responsibilities and will be outlined for you. The success of each case depends on EVERY person's commitment and enthusiastic participation!

Objectives: Students will achieve the following:

- Gain an understanding of how an actual criminal trial in the U.S. is conducted
- Become knowledgeable on their specific role within a trial
- Understand how to use ethical, rational, and emotional appeals
- Learn how to research, interview, and write key questions
- Learn how to write opening and closing statements
- Practice negotiation skills
- Practice listening and note-taking skills
- Investigate, study, apply and practice the art of debate
- Learn cooperation with peers
- Learn proper time management
- Learn honesty, integrity and engage in individual and group assessment

**First Meeting: Wednesday Nov. 4th 2:00-3:00pm**

Meet Lisa Joye, meet others interested in Mock Trial Club, decide on regular meetings days and times.

**If interested in joining please email Lisa Joye for the Zoom link at: [Joye\\_L@4j.lane.edu](mailto:Joye_L@4j.lane.edu)**

**TRAVEL AND EXCHANGE OPPORTUNITIES**

**These trips and exchange opportunities are organized and offered by private individuals, groups, businesses, or non-profits. They are not sponsored by Eugene IHS or the 4J School District.**

**For more information email the contact listed.**

**TWO ADVENTURES SUMMER 2021:**

**Travel with Lisa Joye**

Visit Lisa Joye's blog for more information:

[http://blogs.4j.lane.edu/joye\\_l/travel-with-lisa-joye/](http://blogs.4j.lane.edu/joye_l/travel-with-lisa-joye/)

**The Galapagos Islands / South and Central America  
July 26th, 2021 (9 days)**

Situated in the Pacific Ocean some 1,000 km from the South American continent, these 19 islands and the surrounding marine reserve have been called a unique "living museum and showcase of evolution". Located at the confluence of three ocean currents, the Galápagos are a "melting pot" of marine species. Ongoing seismic and volcanic activity reflects the processes that formed the islands. These processes, together with the extreme isolation of the islands, led to the development of unusual animal life. So what would be the most memorable experiences in the Galapagos? What will you see that will stay with you forever? Perhaps it will be snorkelling with curious sea lions, perhaps it will be the extraordinary quantity of wildlife at every turn, maybe seeing giant tortoises in the misty Santa Cruz highlands or laughing at the absurd mating rituals of the albatrosses and blue-footed boobies or perhaps just being fully engaged in the engrossing experience known as a Galapagos Islands!

**The Capitals of Scandinavia**

**Oslo, Norway, Copenhagen, Denmark, and Stockholm, Sweden**

**August 12th, 2021 (9 days)**

Copenhagen, Oslo, and Stockholm are consistently rated some of the best cities to live in the world. In fact, Stockholm was recently named the cleanest capital city on Earth. Not only do the three countries hold some of the best healthcare and education, but they are also sophisticated in maximizing recycling and seeking out alternative energy resources. Stockholm, Copenhagen, and Oslo are some of Scandinavia's cities that are bursting with fascinating museums, creative public spaces and vibrant art scenes. Oslo has an eclectic mix of old and new architecture, the effortlessly cool city of Stockholm perfectly blends culture and tradition, and the small city of Copenhagen which

started out as a Viking fishing village, has evolved into one of the most sophisticated cities in Europe. **Some Highlights of the Trip!** See the world's best preserved Viking ships up close at The Viking Museum in Oslo. Visit Oslo's Vigeland Park, the largest sculpture park in the world by a single artist, boasting over 200 pieces by Norwegian sculptor Gustav Vigeland. Visit the 17th century tower and observatory Rundetaarn, or the round tower, the oldest functioning observatory in Europe. Visit the Vasa Museum in Stockholm. The Vasa is the only preserved seventeenth-century ship in the world and is a unique art treasure. Explore during your free time (canal rides, museums, food, hiking, shopping).

**If your child is interested in learning more about these travel opportunities mark your calendar for an informational meeting: Wednesday Nov. 4th 7pm.**

**If interested in attending please email Lisa Joye for the Zoom link at: [TravelwithLisaJoye@gmail.com](mailto:TravelwithLisaJoye@gmail.com)**

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**Madagascar: Baobabs & Beyond June 2021**

Last summer's adventure to Madagascar is tentatively rescheduled for summer 2021 and there is currently space available. Deon Saraceno will lead student travelers on a 13-day journey exploring the diverse landscapes of one of the most spellbinding countries on the African continent. From the emerald-green crater lakes of the Antsirabe district, to the golden hues of sunset in the Avenue of the Baobabs, travelers will experience Madagascar's rainbow terrain and traverse remote paths and waterways into the wild. The experience will include exploration of the Tsiribihina Delta on a two-day cruise, visiting the legendary tombs of the Vazimba people, floating down the Manambolo River in a dugout canoe and vistas of the Great Tsingy.

**There will be an informational Zoom meeting Monday, November 9th at 6:00pm. If interested, e-mail Deon Saraceno at [deonabone@yahoo.com](mailto:deonabone@yahoo.com) for the zoom link. Include "Madagascar Trip Interest" in the subject line.**

**COMMUNITY OPPORTUNITIES FOR STUDENTS**

**These opportunities are organized and offered by private individuals, groups, businesses, or non-profits. They are not sponsored by Eugene IHS or the 4J School District. For more information email the contact listed.**

**SEX(ED): A Comprehensive Sex Education Program**

Are you an Oregon student concerned about how virtual classes are affecting your learning? Do you believe in the importance of comprehensive sex education? Sex(Ed) still has some spots open for registration! Sex(Ed) is a comprehensive sex education program open to all Oregon students ages 13-17! The program will consist of weekly 60 minute peer-led sessions, starting ASAP and lasting until the week of December 14th. Sex(Ed) is a pilot program designed and facilitated by Respect(Ed) Peer Education Program.

Topics to be covered include: Safe sex, STIs, birth control, consent, sexuality and gender, healthy sex and relationships, sexual violence prevention, bystander intervention, and more!

Register here today:  
<https://docs.google.com/forms/d/e/1FAIpQLSfHhauy-f5CGV13Gd3Qhtej6fYqIZ7FUJApkvpBcGrQ/viewform>

To learn more about Sex(Ed) and Respect(Ed) programming, visit our website here:  
<https://www.respectedpeereducation.org/SexEd>



An online peer-led sex education program for Oregon students ages 13-17



Sex education is an already oft-neglected and deprioritized subject, and because of this year's distance and hybrid learning plans, this important instruction will likely receive even less attention and engagement than usual.

Sex(Ed), a 12-week peer-led sex education course will provide a forum for students to learn about and discuss safe sex, consent, healthy relationships, and sexual violence prevention this fall trimester.

Register today!



**Free Financial Planning Training for Youth**

15th Night has collaborated with DevNW and are hosting a FREE financial planning training for YOUTH. Session dates: November M, W, Th, & F, November 2, 4, 5 & 6 from 3:30-5:30pm. Register here: <https://devnw.org/forms/refer/>

Please refer to the training announcement below for details.

**Youth Financial Foundations**

Are you working to save for a car, school, or to become more financially independent? Our Youth Financial Foundations class will teach young adult participants techniques and give them the tools to reach their goals. You'll learn to how to manage money, build emergency savings, create savings goals for big purchases, build and repair credit, open a Roth IRA and make smart decisions about taking on loans.

Let's start #moneyadulting.



BUILD YOUR FINANCIAL FUTURE

**Youth Financial Foundations Outline**

Your Financial Foundations class will teach young adult participants techniques and give them the tools to reach their goals. Youth learn to manage money, build emergency savings, create savings goals for big purchases, build credit, and make smart decisions about taking on loans. Completion of the four sessions meets the requirements for a Youth IDA Matched Savings Program, including for a car or education.

**Class 1: Setting Goals and Spending Plans**

- Learning Objectives:
  - Increased knowledge and tools for setting financial goals
  - Increased knowledge and tools for establishing a spending plan
  - Ability to incorporate financial goals into a spending plan
- Needs & Wants Kinesthetic Icebreaker
  - Personal Finance, Freedom and the Power of Prioritization
- S.M.A.R.T. Goals
  - Create a S.M.A.R.T. Goals
- Spending Plans
  - Example Scenario
  - Learners Create a Spending Plan
  - Tracking Expenses Exercise
- Youth Individual Development Account (IDA) Saving Match Program

**Class 2: Building and Protecting Credit**

- Learning Objectives
  - Increased knowledge of how credit reports and credit scores are compiled
  - Increased knowledge of how good credit and "bad credit" can impact borrowing power
  - Identify at least one way to start building good credit
- Why is having good credit important to you?
  - Discussion about Financial Products, Housing, College, buying car, getting jobs, etc.
- Credit Reports
  - What gets reported? Walk the Line Activity
  - Understanding your credit report and using apps to ensure accurate reporting
  - AnnualCreditReport.com Tablet/Phone Activity
- Credit Scores
  - Credit Score Ingredients
  - How is your credit score generated? How does it affect the cost of borrowing?
- How to Protect Your Credit

BUILD YOUR FINANCIAL FUTURE

**Youth Financial Foundations Outline**

**Class 3: Avoiding Debt and Start Saving**

- Learning Objectives
  - Understand the impact of credit score on interest rates
  - Understand the impact of interest rates on loans
  - Understand the impact of interest on long-term saving
- Types of Debt & Understanding Interest
  - Car Buying Interactive Tablet Activity
  - Financial Calculators and Apps
- Freedom Fund or Saving for Emergencies
  - Unexpected Expenses Timed Competition
- Saving Methods & Mindset
  - Small Group Brainstorming and Savings Game
- Time & Money Relationship
  - Opportunity Costs and Compound Interest
  - Savings for S.M.A.R.T. Goals

**Class 4: Financial Partners and Toolbox**

- Learning Objectives
  - Continuing to learning the power of time and money
  - Understand first steps to open a Roth IRA and invest
  - Understand how to identify and evaluate financial partners
- Return to Compound Interest
  - Price is Right Quiz Game
  - Tablet Activity Calculating Compound Interest
- Financial Partners
  - Comparing Credit Unions and Banks
  - What services banking partners offer? How can they be your partner?
- Start Building Long-term Assets
  - Roth IRA
  - Oregon Saves
- Smart Shopping
  - Financial Apps Interactive Tablet Activity
- #adulting
  - Insurance: Premiums vs. Deductibles
  - Keeping Records Systems
  - Filing Taxes and Free Resources

**Next Steps**

- One-on-One Youth Financial Counseling

